



THE SILVER STATE MESSAGE EXPRESS
Newsletter of AMTA -Nevada Chapter

AMTA NEVADA CHAPTER, C/O BILLIE SHEA

February 2009

announcing

***2009 AMTA NEVADA CHAPTER
ANNUAL CONFERENCE AND
MEETING***

JUNE 1 & 2, 2009

IN FABULOUS LAS VEGAS, NV!

***FEATURING: UPLEDGER CRANIOSACRAL CONTINUING
EDUCATION CLASS & THE ANNUAL GENERAL MEMBERSHIP
MEETING.***

MARK YOUR CALENDARS AND REGISTER EARLY.

***CONFERENCE TO BE HELD AT THE GOLD COAST IN LAS VEGAS.
PLEASE MENTION THIS EVENT WHEN MAKING YOUR
RESERVATIONS.***

AMTA NEVADA CHAPTER 2009 ANNUAL MEETING

June 1 & 2, 2009

At the Gold Coast Resort, Las Vegas, NV

Continuing Ed class from the Upledger Institute

Introduction to CranioSacral Therapy

Instructor Carrie Fisher

Cost to attend:

**AMTA Members \$100 if you register before May 17th/\$120
after May 17th**

**Non AMTA Members \$175 before May 17th/\$195 after May
17th**

**Note: This is a 12 hour class that normally sells for much
more than the price shown above, so you will want to
register early as the class will fill up very quickly.**

**To register fill out the form following and return it with your
check to:**

**Terry Kunz
7573 Lorinda Ave
Las Vegas NV 89128**

702-493-0695. Or terry@terrystouch.com

For room reservations please call:

GOLD COAST HOTEL AND CASINO

702-367-7111 • Toll Free: 800-331-5334

4000 West Flamingo Road, Las Vegas, NV 89103

AMTA – Nevada Conference Registration Form
June 1-2, 2009 Gold Coast Hotel & Casino
 4000 W. Flamingo Road Las Vegas, NV 89103

Hotel Registration
 Gold Coast Hotel & Casino
 800-331-5334
 Register by May 3
 AMTA Nevada Chapter

Name: _____ AMTA Member ID # _____

Street Address: _____

City, State, Zip Code: _____

Phone: _____ E-Mail: _____

General Meeting: Monday, June 1st, 12:00 – 2:00

Monday, June 1, 2009 8:00 – 6:00, Cranial Sacral (2 hour lunch break)

Tuesday, June 2, 2009 8:00 – 5:00, Cranial Sacral total 8 CEH for both days (1 hour lunch break on your own)

(supplies: table, linens, 2 pillows)

NCBTMB Approved Provider

Registration Fees Early Registration (by May1, 2009)

AMTA Member (incl member #)		Non-Member	
Early Reg**	Late Reg	Early Reg**	Late Reg

** early registration (form and payment) must be submitted by April 30, 2008

AMTA-Nevada Chapter and the massage instructor have taken precautions to provide a safe environment; however, it is impossible to guarantee absolute safety. Successful completion of each AMTA-NV Course does not assume proficiency in a modality or business practice. Massage therapists have the responsibility for ensuring client safety by conducting a thorough intake, devising a safe treatment plan, working within their scope of practice and adhering to the AMTA Code of Ethics and Standards of Practice. Massage therapists are advised to practice the techniques prior to utilizing them in a clinical setting.

I assume the responsibility for safety by complying with the instructors or staff's directions and by disclosing any contraindication to receiving a massage in class.

I agree to release AMTA-NV Chapter and my class instructor from all liability and responsibility for any injury, loss or damage suffered by me, my property or my clients as a result of knowledge that I have received from this course.

By signing this form, I agree to give the AMTA-NV Chapter permission to use my photograph in future communications and marketing materials, should my photograph be taken at the June 1-2, 2009 Educational Session.

Participant Signature _____ Please make check or money order **PAYABLE TO: AMTA-NEVADA CHAPTER** and mail to: Terry Kunz, 7573 Lorinda Ave Las Vegas NV 89128

Board Use Only	Payment Information	Amount	Date Received
	Cash/Money Order ↑ Check # _____	\$ _____	_____

Chapter Meritorious Award Nominations

AMTA NATIONAL awards chapter meritorious awards annually to those members of the chapter who through volunteerism or dedication to the profession and to the chapter rank them as outstanding members of this organization.

The AMTA Nevada chapter has come a long way in the last few years and it is through the hard work and dedication of those volunteers who continue to serve and to promote the profession. Many of you know who these people are, some of you need reminding.

Pete Blandford, chapter president has served as a member of the chapter board for 4 years. She has been a tireless worker and continues to promote membership and to support education.

Terry Kunz, 1st vice president has been a volunteer for 5 or more years. She promotes education and is currently acting as the education chair for the chapter.

Brad Enerson, Secretary Treasurer, has volunteered for several years and continues his volunteerism to support the members.

Others equally deserving, Karen Sartell, Michelle Viesselman, David Otto, Billie Shea

These people all deserve a meritorious award, but only one per year is awarded for each chapter. If you know of someone who is deserving of this award, please let us know or if you would like to make a nomination, write the nomination on a piece of paper and mail it to us or visit the website and enter your suggestion. The awards nominating committee will select one recipient to receive this award in 2009. Send your nominations to any chapter officer or to Billie @ Newsletter@AMTA-NV.org

Erik Dalton's
Myoskeletal Alignment in... VEGAS

"Myoskeletal Engine" tune-up for Neck, Locked Lumbar & Legs
Find and fix chronic "kinetic chain kinks". Class will *enhance* therapy skills and *energize* practices -
Three day seminar perfect for passionate manual therapists... *it'll change the way you work!*

Learn to correct conditions such as:

• Sciatic & SI Syndromes	• Lumbago	• Scoliosis	24 CE hours -
• Foot, Knee and Leg Pain	• Neck Cricks	• Facet / Rib Torsions	3 Day Certification Workshop
			\$395

Feb. 27 - March 1, 2009 at the Alexis Park Resort, Las Vegas

Call **800-766-1942** or enroll on-line at
www.TakeMyRegistration.com

All workshops and home study courses are accepted by NORTMR, AMTA, ABMP, Florida Board of Health and other state certifying agencies.



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LEVEL

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These techniques work for Massage Therapists, Rolfers, Physical Therapists, Medical professionals and Chiropractors as well as athletic trainers, fitness coaches and sports enthusiasts. The movement class enables people to learn to re-educate the physical body.

Check it out! 2009 classes begin in February.

Aston Techniques I, February 14 – 16, 2009 Lake Tahoe, NV

Aston Bodyworks I, February 18 – 21, 2009, Lake Tahoe, NV

Hurry, class size is limited. Reserve your space today. Credit cards are accepted or you may arrange a payment plan.

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Changes in the South

Hi everyone, I was asked to write an article about the issue around a certain petition that has been spreading throughout the Southern districts. As many of you know, the City of Las Vegas and Clark County have had restrictions on cross gender massage for outcall services. These restrictions have been in place for a long time as part of the ordinance governing massage therapists in Las Vegas and Clark County.

This law only affected a few people as most of us do not go out on outcall massage in the city or most of the county. But those that were affected started a petition to get this law changed. This petition is very deceptive about what the law says and attempts to get lots of people to join in this effort by making it sound like you couldn't perform massage on the opposite sex at all. *This is not true. The law was very specific to outcall only.*

During this whole time, the Nevada State Board of Massage Therapists was working with the City of Las Vegas and Clark County to change their existing laws in favor of the State Law. This process is almost complete as Clark County has introduced language that changes their law to govern establishments and owners. Nevada State Massage Board is the legal jurisdiction over massage therapists in Nevada. But remember, if you own an establishment or are an independent massage therapist, you must be certain that the city or county regulations are met as well. This will mean a business license to start with and you will be held accountable for what happens in your business. If someone in your employ breaks the law, you will also be held accountable. So you will want to be careful about who you let rent your space or work for you.

It is my great pleasure to be a part of this process and to know that in the future, the Nevada State Board of Massage Therapists, the Las Vegas Metropolitan Police, The City of Las Vegas, and Clark County are all working together to reduce illegal activity in Nevada and to remove those licensees who bring a bad name to massage. These agencies have developed procedures to catch and report criminal activity to each other and to hold the owners of these establishments accountable.

I, for one, am proud of the role I played in this process and so happy to have worked with all the wonderful people in Clark County Commission, Clark County Business License, City of Las Vegas Business License, Las Vegas Metropolitan Police Special Investigations, The Nevada State Massage Therapist Board Staff and the Nevada State Legislature in reaching this goal.

Sincerely,
Billie Shea, CMT, NVMT.007, Chair
Nevada State Board of Massage Therapists



Desert Wind Therapeutics

- We offer a variety of services including SkinMaster Skin Rejuvenation, microdermabrasion, colon hydrotherapy, massage, facials, waxing, ear candling, and body wraps. We offer our custom made line of Organic, Vegan, Skin Care Products and Herbal Products at Desert Wind Therapeutics

Also Presenting.....

Workshops for the Enlightened Bodyworker

THOUSAND PETALED LOTUS, LLC

- NCBTMB Continuing Education Hours for Massage Therapists-
- Many classes open to the public/non-therapists (*contact for more information*)
- ***Schedule appointments with Michelle and even sign up for workshops by going to- www.dwtherapy.com/bookonline !!! Or call us at 702-731-2128 to signup for upcoming classes at Desert Wind Therapeutics.***

New Members AMTA NV CHAPTER

Jason Alterwitz	Susan Oddone
Abbragail Barnett	Sarah O'Donnel
Sondra Beard	Suzanne Osferbery
Jo Black	Dawn Pearce
Deborah Bonelli	Tyler Rogers
Corina Cordova	Mary Rose Tocus
Jason Deal	Soorya Townley
Trisha Elmore	Nicholas White
Melissa Huber	James Wolfrey
Annette Huli	Sonja Luborovic
Kandis Jensen	Sabrina McCulley
Shavanaugh Karrick	Star White
Deann Lawson	Kayla Senters

Learn Osteo-Symmetry®

Instructor: Linda White LMT CA

Dates: 4-18 2009 12:30 to 5:30

4-19 2009 9:00 to 5:00

Cost: \$275.00 visa and master card accepted

Location: Advanced Bodywork Center

Osteo-Symmetry® is a non-invasive manual therapy that is designed to release structural tension patterns. As opposed to massage, which works with muscle, this holistic therapy disperses energy blockages from the bone. The result is an increase in flexibility and a release of tension. In a relaxed state, the spleen, liver and kidneys may return to normal movement and improved function. Likewise, greater range of motion in the pelvis relates to a healthy lower gastrointestinal system. Clients will see an overall improvement in the general health of the body with regard to circulation, neural facility, organ function and disease resistance.



(775)771-5455

Advanced Bodywork Center in Yoga Loka
6135 Lakeside Dr. Ste 120, Reno, NV 89511

Osteosymmetry.com

INTRODUCING SALLY HACKING GOVERNMENT RELATIONS CONSULTANT

The AMTA NV chapter has hired a government relations consultant to represent the chapter interests during the current legislative session. We have been so fortunate to get her to help out due to all the changes that have been occurring in the South regarding city and county ordinances.

Sally Hacking, Government Relations Consultant has worked with the Massage Therapy Profession for 22 years to promote fair practice standards in both state and local government arenas.

As a former elected official, along with experience as the National AMTA Government Relations Consult, working with national certification boards, herself a regular consumer of massage therapy, Sally brings a wealth of experience to our Chapter.

Also Sally has worked for AMTA-NV Chapter for 7 years or so in the past, assisting with both local city, county and state initiatives to enhance the professional's ability to be able to offer their services to our citizens. She is a known and respected person in our community and we are fortunate to be able to have her work along with our chapter once again.



KAREN SARTELL APPOINTED TO AMTA NV CHAPTER COMMISSION ON CANDIDACY

KAREN IS A PAST PRESIDENT WITH INDEPTH UNDERSTANDING OF NEVADA CHAPTER OF AMTA. I'M ANNOUNCING TO YOU THAT KAREN IS OUR CHAIR OF COMMISSION ON CANDIDACY. YOU WILL HEAR MORE IN OUR FUTURE NEWS LETTER. IF YOU KNOW ANYONE WHO IS INTERESTED IN JOINING OUR BOARD OR COMMITTEES, SHE WILL BE THE GO TO PERSON! I'D LIKE TO THANK HER FOR HER PAST SUPPORT BUT MOST OF ALL FOR HER SUPPORT NOW AS WE LOOK FORWARD TO OUR FUTURE.

YOU CAN REACH KAREN OR ANY OF YOUR BOARD THROUGH THE CHAPTER WEB SITE.

NCBTMB APPROVED PROVIDER Continuing Professional Education Courses Online

Several Courses from which to choose
Good toward your Nevada
continuing education requirement



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the Lowest Price!**



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RENO CE'S MARCH 6-15
With Lolita Knight , 35 years experience
NCBTMB # 307802-00 www.fijianmassage.com

Ralston School of Massage
5605 Riggins Ct., Ste. 201
Reno, NV 89502-6575
775-827-1800
debra@ralstonmassage.com

March 6th, Friday

Advanced Chinese Facial, 7 CE \$145

includes facial pressure points, 40

rejuvenation strokes, honey pat treatment

and décolletage strokes

1CE Introduction to Fijian Massage, \$20

March 7th, Saturday,

Marketing Strategies for Cultural Massage Offerings 2 CE \$35 Tone up on your marketing skills for various cultural offerings such as Thai Massage, Chinese Facial, Indian Head and Fijian Massage.

Greenstone Massage, 6 CE \$125. Learn self massage and prone/supine techniques with this "s" shaped serpentine stone.

March 8th, Sunday

Indian Head for Chair and Table, 8 CE hours for \$160

Massage Tools to Save Your Hands 3 CE hours \$55

March 13, Friday

Fijian Massage, Posterior, 8 CE \$160

Soft Touch Island Massage, 3 CE hours \$55. Bliss out your clients with this totally relaxing technique from the islands.

March 14, Saturday

Fijian Massage Anterior, 8 CE \$160 (if take the Fijian Posterior both classes will be \$295).

March 15, Sunday

Knight/Ritenhouse Fijian Massage 8 CE. \$160 Learn additional Fijian Massage strokes in this fun class.

Classes to be held in Nevada in 2009

ASTON PATTERNING FEB 14 – 16, 2009 WWW.ASTONENTERPRISES.COM 775 831 8228
ERIK DALTON FEB 27 – 29, 2009 WWW.FreedomFromPain.com 800 709 5054
UPLDGER JUNE 1 & 2, 2009 AMTA NV chapter sponsor AMTA NV
DESERT WIND THERAPEUTICS FEB 22, 2009 www.thousandpetaledlotus.org 702 731 2128
OSTEO SYMMETRY APR 18 & 19, 2009 www.renoadvancedbodywork.com/ 775 771 5455

Working with the Myofascia of the Shoulders, Feb. 15, tom@rolfbodywork.net, 775-220-2482

Advanced Techniques for Head, Neck & Jaw, March 15, tom@rolfbodywork.net, 775-220-2482

Massage Mechanics and Positioning, Feb. 20, TMCC, 775-824-3830

Myofascial Release, March 27-28, TMCC, 775-824-3830

Lolita Knight 775 827-1800

Friday, Mar. 6 9am-5pm Advanced Chinese Facial Massage 7 CE Hours / \$145

5:30-6:30pm Fijian Massage Introduction* 1 CE Hour / \$20

7-10pm Fijian Massage with oil & stretching - part one of two

Saturday, Mar.7 9-11am Marketing for Cultural Massage 2 CE Hours / \$35

12- 6pm Greenstone Massage 6 CE Hours / \$125

7-10pm Fijian Massage with Oil & Stretching- part two of two 6 CE Hours / \$125

Sunday, Mar. 8 9am-6pm Indian Head Massage 8 CE Hours / \$160

for Chair and Table

7- 10pm Massage Tools to Save Your Hands 3 CE Hours / \$55

Friday, Mar. 13 9am-6pm Fijian Massage, Posterior 8 CE Hours / \$160

7-10pm Soft Touch Island Massage 3 CE Hours / \$60

Sat., Mar.14 9am-6pm Fijian Massage, Anterior/Sidelying 8 CE Hours / \$160

Sun., Mar. 15 9am-6pm Knight/Rittenhouse Fijian Oil Massage 8 CE Hours / \$155

Julie Lomas May 2 and 3, 2009 Angelic Connections (Julie travels from Dubai to teach this class once a year.) contact Zelma at zelma@quest4transformation.com

Note: the notice regarding these classes is courtesy of AMTA NV Chapter. The classes may not be approved for continuing education by NCBTMB or the Nevada State Board of Massage Therapists. Please check with the presenter of the class to ensure the class is approved for continuing education credits. The AMTA NV Chapter is not responsible for verifying the quality or acceptability of these classes.

AMTA Nevada Chapter Officers, Chairs and Delegates

CHAPTER OFFICERS	
L.A. (Pete) Blandford, President	PeteBlandford@AMTA-NV.org
Terry Kunz, 1 st Vice President, Education Chair	TerryKunz@AMTA-NV.org
Brad Enerson, Treasurer	BradEnerson@AMTA-NV.org
VOLUNTEERS	
Shari Mirgon, IPP and advisor to the board	
Billie Shea, Newsletter Committee	Newsletter@AMTA-NV.org
David Otto, webmaster , 2009 Delegate	Webmaster@AMTA-NV.org
Michelle Viesselman, 2009 Delegate	MichelleViesselman@AMTA-NV.org
Karen Sartell, Committee to review nominations	

FEBRUARY 2009

American Massage Association - Nevada Chapter

c/o Pete Blandford

1637 Nevada Hwy Ste B

Boulder City, NV 89005 -1030

stamp

TO: