



A Proclamation by the Governor

WHEREAS, massage therapy is beneficial to overall health, and is increasingly part of integrated health care, and 43 percent of adults who had a massage between 2016 - 2017 received it for medical or health reasons such as pain management, soreness, stiffness, spasms, injury rehabilitation and overall wellness according to the American Massage Therapy Association; and

WHEREAS, physicians are prescribing massage to complement traditional medical treatment for illness, injury and pain, and massage therapy has become an important part of work-related stress relief and recovery from sports-related injuries; and

WHEREAS, therapeutic massage can benefit people of all ages, and a growing body of clinical research shows massage therapy is helpful for a variety of health issues as it can decrease or reduce Fibromyalgia, stress, back pain, muscle injury, pain in cancer patients or related fatigue, Arthritis, Osteoarthritis of the knee, post-operative pain, Carpal Tunnel Syndrome, blood pressure, headache frequency, alcohol withdrawal symptoms, and boost the body's immune system; and

WHEREAS, this week is an opportunity to learn about the potential benefits of massage therapy;

NOW, THEREFORE, I, BRIAN SANDOVAL, GOVERNOR OF THE STATE OF NEVADA, do hereby proclaim the week of October 22 - 28, 2018 as

MASSAGE THERAPY AWARENESS WEEK IN NEVADA



In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Nevada to be affixed at the State Capitol in Carson City, this 9th day of October, 2018.

By the Governor: _____ Governor

Barbara K. Coarste
Secretary of State

By *Scott W. Anderson*
Deputy